

# Viking Center Men's Fall Basketball League 2019

**When:** Sunday evenings beginning October 20th (excludes Holiday weekends)  
\*\*Number of teams will determine how the schedule is put together

**Times:** Sundays 3:00pm-7:00pm (schedule varies week to week)

**Where:** Viking Center & Stanton High School

**Ages:** 18 years and older (No high school participants. This is an adult league)

**Cost:** \$150/team

**Max Number of Teams:** 10

**Number of players/team:** 15 maximum – No players can be added to a roster once submitted

## **Rules & Information:**

- Registration due by Friday October 11<sup>th</sup> (schedules will be made once we have everybody's registrations - we will let everybody participating know ASAP when we will play - **all teams will play October 20<sup>th</sup>**)
- 6 or 7 weeks round robin play with bracket tournament at the end. **We will be done before Christmas**
- Schedules for week one will be made on the first day (October 20<sup>th</sup>). Rest of schedule will be sent shortly after
- 2 – 20 minute halves with a continuous clock for round robin play. 2 – 15 minute halves for bracket play
- 5 timeouts/team
- Scoreboard operators will be from teams that aren't playing at the time of the games going on (example: team A vs. team B, team C runs scoreboards, etc.)
- Each team should have matching jerseys/shirts to distinguish difference of teams
- A waiver must be signed by ALL players on ALL teams before participation is allowed. Waivers available at the Viking Center and our website: [www.stantonvikingcenter.com](http://www.stantonvikingcenter.com)
- Rules and round robin play to be discussed further during week one. Every team will play week one
- League is open to members and non-members of the Viking Center

Any questions can be directed to Lauren Bond at the Viking Center: 712-829-2900 or email: [vikingcenter@myfmtc.com](mailto:vikingcenter@myfmtc.com).  
Registration forms and payments can be sent to the address below, or turned in directly to the Viking Center

Make checks payable to: Stanton Viking Center  
501 Elliott Street, P.O. Box 42  
Stanton, IA 51573

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### **IMPORTANT INFORMATION**

The Stanton Viking Center is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Stanton Viking Center continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program must recognize that there is an inherent risk of injury when choosing to participate in recreational programs/activities. You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

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**\*Registration Form on Back of Page**



## **Viking Center Men's Fall Basketball League 2019 Waiver & Release**

### **Warning of Risks**

Basketball is intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury. All hazards and dangers cannot be foreseen. Certain risks include, but not limited to, collisions between players and stationary objects, inability to stop one's momentum and encountering off court dangers/hazards, unnecessary roughness (elbowing, hip checks, undercutting other players in the air, tripping and shoving), slip and falls, protective equipment, slippery floors, inadequate or unsafe playing conditions, failure in supervision, unsportsmanlike conduct, dangerous/defective court conditions, and all other circumstances inherent to sport of basketball. In this regard, it is impossible for the Stanton Viking Center to guarantee absolute safety.

### **Waiver & Release of all Claims and Assumption of Risk**

Please read this form carefully and be aware that in signing up and participating in this program, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you might sustain as a result of participating in any and all activities connected with and associated with this program (including transportation services and vehicle operations, when provided). I recognize and acknowledge that there are certain risks of any and all injuries, damages or loss, regardless of severity, that I may sustain as a result of said participation. I further agree to waive and relinquish all claims I may have (or accrue to me) as a result of participating in this program against the Stanton Viking Center, including its officials, agents, volunteers and employees.

**I have read and full understand the above important information, warning of risk, assumption of risk and waiver, and release of all claims**

\_\_\_\_\_  
**Participant Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Printed Name**

\_\_\_\_\_  
**Team Name**